

Daily Benedictine Prayer of Protection and Peace

□

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening Invocation

O holy Cross of Christ, be my Light today.

May the shadow of the dragon never fall upon me.

Let not the ancient deceiver be my guide,

but You, O Crucified Lord, my Way and my Strength.

□

Crux Sacra Sit Mihi Lux – May the Holy Cross be my light.

□

Non Draco Sit Mihi Dux – Let not the dragon be my guide.

Prayer for Protection and Discernment

O glorious Father Benedict,

faithful servant in the caves of silence,

builder of sacred order,

you who cast out demons with the sign of the Cross,

pray for me now.

Daily Benedictine Prayer of Protection and Peace

When temptation whispers—

Vade Retro Satana – Begone, Satan!

When vanity tempts—

Nunquam Suade Mihi Vana – Never tempt me with your vanities.

When evil entices with honeyed lips—

Sunt Mala Quae Libas – What you offer is evil.

Then I shall answer, as you did, O Benedict:

Ipsa Venena Bibas – Drink your own poison.

Seal me today with the sign of Christ's victory.

Let His Cross be my compass and His mercy my shield.

Guard my thoughts, my words, and my deeds.

Grant me obedience without delay, humility without complaint,
and perseverance without fear.

Prayer of Offering and Work

O Lord, in the spirit of ora et labora,

I offer to You the work of my hands and the watchfulness of my heart.

Let my toil be prayer, and my prayer be fruitful.

Sanctify my labors, bless my solitude,

and lead me always into the peace of holy order.

Through the intercession of Saint Benedict,

guide me by the ancient path that leads to eternal life.

Daily Benedictine Prayer of Protection and Peace

“Ut in omnibus glorificetur Deus.” – That in all things, God may be glorified.

Closing Blessing

May the Cross of Christ drive far from me every evil.

May the intercession of Saint Benedict preserve me from snares seen and unseen.

May this day be steeped in grace, guarded in humility,

and glowing with the light of God’s presence.

□

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.